

why do some people develop acne when they go vegan - a vegan diet is often touted as being the ultimate healthiest way to eat then why is that some people who go vegan still get acne or worse develop acne that they ve never had before, **facing failing health as a vegan bonzai aphrodite** - oh wow another vegan cultist denying the experiences of a ex vegan who use to follow the lifestyle but has now developed a different opinion after reflection and coming up with their own conclusions, **why i initially gained 60 lbs on a high carb vegan diet** - within one year of consuming a high carb low fat unlimited calorie plant based vegan diet i gained 60 lbs but vic i thought that you promote this diet for weight loss, **vegans are cannibals the truth behind the new vegan high** - there s a definite high associated with first going vegan especially raw vegan new converts are bright eyed relentlessly energetic and brimming over with messianic zeal to convert all their friends to the diet that has brought them such joy

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